



Training schedule American Heart Association

BLS Healthcare Provider CPR	Heartsaver CPR/ Family and Friends	First Aid CPR/AED
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2008

Month	Date		
October	1	8	15
November	5	12	19
December	3	10	17

2009

Month	Date		
January	7	14	21
February	4	11	18
March	4	11	18
April	1	8	15
May	6	13	20
June	3	10	17
July	1	8	15
August	5	12	19
September	2	9	16

**All classes are taught at Sandy Fire Station 31
Seating is limited. Call 801-568-2944 to sign up**

Basic Life Support for the Healthcare Professional



This certification is Basic Life Support for the Healthcare Provider Professional and is for healthcare professionals. The course includes two rescuer scenarios, bag mask resuscitation, the use of an AED and does require a demonstration of competency in performing CPR.

Family and Friends



Most people wishing to learn CPR may attend CPR Family and Friends. This course is designed for beginners and those wishing to review their CPR skills. It is taught with the Heartsaver CPR course, but lets you out early, as there is no assessment of proficiency.

Heartsaver CPR



Those who need basic CPR Skills for employment or licensing need to take the Heartsaver CPR course. This course is held with CPR for Family and Friends, but does require a demonstration of understanding and competence in performing CPR.

First Aid/CPR/AED



Basic first aid skills and optional Adult/Child CPR training.
This class is designed for the student wishes to take the First Aid and CPR in one evening rather than two. Also being made available this same evening will be Infant CPR, AED training and environmental first aid skills training.

